



Ergonomics – Mind and Body Economics

(Neutralizing Toxic Body Postures - Alternate title)

Course Description – Half-day program

Whether you work in the treatment room or business office, have you ever wondered why you are so fatigued at the end of the day? Do you know which habits increase your risk of developing a workplace related cumulative trauma disorder? This fun, information-packed program identifies stresses, provides solutions and develops strategies that modify or eliminate these career destroying habits.

Come learn about proper chair selection, patient and operator positioning, instrument design, glove selection and the benefits of magnification loupes and a host of other ideas that can improve your workplace safety and efficiency.

Course Objectives:

- Repetitive stress injuries – inevitable or preventable?
- Safe operator positioning.
- Demystify ergonomic operator chairs, magnification loupes and auxiliary illumination.
- Efficient, ergonomic equipment placement.
- The latest in handpieces, polishing devices, hand and ultrasonic instrumentation.
- Evaluate gloves, masks, suction systems, hoses and cordless devices.
- Ergonomic benefits of new products.